



Catholic School Parents SA is pleased to present:

## **Helping children and teenagers respond to friendship difficulties and bullying**

*presented by Madhavi Nawana Parker*

**Wednesday September 20 2023**  
**6pm - 8pm (in person or online)**

**St Mary's College, Veritas Centre**  
**253 Franklin Street, Adelaide**

This Parent Engagement Evening, hosted by Catholic School Parent SA, welcomes all parents and carers of children in Catholic schools.

Social and friendship challenges are common. Learning how to have a good relationship with others, regulate emotions when socially isolated, and respond proactively to bullying, are crucial life skills. This workshop will help parents and carers identify the difference between bullying and social clumsiness, whilst also providing practical and constructive ways for young people to cope with confidence and resilience.

Madhavi Nawana Parker, Director of [Positive Minds Australia](#) is one of Australia's leading experts on Mental Health and Wellbeing.

Register via the [CESA Registration Centre](#) or go to the [Events page](#) on the Catholic School Parents SA Website.